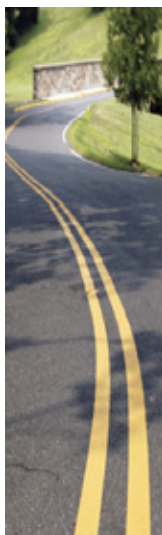


“Name that Road” Update



Thanks to all those who submitted ideas to name the connector road. Per the Mount Vernon News, the road name will be “Woodlake Trail” if City Council members approve it at the next meeting.

We want to recognize the suggestions that were forwarded to City Council for consideration.

KCH Connector Road – Diana Endsley

Carewell Drive – Rene Waddill

Care Center Drive – Wendy Brady

Medical Campus Drive – Maurine Perry

Healthcare Drive – Claudia Pido

Each of these employees will receive \$20 in Starbucks. Congratulations!

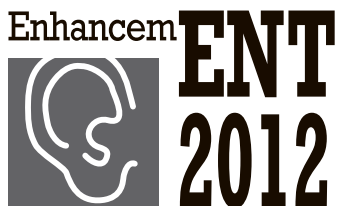
Fat Tuesday Fundraiser

Celebrate Mardi Gras & support The Foundation for Knox Community Hospital

The Foundation will be hosting the 6th Annual Fat Tuesday Mardi Gras Celebration on Tuesday, February 21 at The Parkside Restaurant from 6 pm - 9 pm.

Tickets for the Cajun buffet are \$30. Donations are needed for the live and silent auctions.

Other highlights of the evening include King Cakes and a 50/50 drawing.



Enhancing Ear, Nose & Throat Services
Foundation for Knox Community Hospital Fundraising Campaign

Contact Lacie Blankenhorn
for tickets or information
at 740.393.9602.



Seating is limited. Call 393-9602 today!

Index

(Titles book-marked in pdf file.)

“Name that Road” Update	p. 1	Marathon Inspiration	p. 3
Fat Tuesday Fundraiser	p. 1	What’s New?	p. 3
KCH Tobacco Free Policy	p. 2	The Birthing Center	p. 5
Look who Caught the Bug!	p. 2	2012 Excel Classes	p. 5
Can you Catch the Bug?	p. 2	The Education Corner	p. 5
Shining Star of the Month	p. 3	Lannings Reminder!	p. 5



Dialogue

KCH Tobacco-Free Policy: Enforcement of Policy to our guests/visitors

Knox Community Hospital's tobacco-free initiative is here. We are hoping for a smooth transition but do anticipate some resistance as we shift to a new culture of being a tobacco-free campus. It will require the cooperation and work on everyone's part to ensure success of this very important initiative. It is the philosophy of Knox Community Hospital for it to be each employee's responsibility to inform tobacco users of our tobacco-free policy. We encourage all of you to take an active role in the enforcement of this new policy. Together, we can make this a seamless process. While it might be uncomfortable, we have provided scripting below to help when approaching our guests/visitors who are not following the policy:

When you see someone using tobacco products on campus, say -

"Excuse me - Hello – My name is Lisa from Human Resources. (As you hand them the reminder card) – You may not be aware but Knox Community Hospital is a tobacco-free campus. The use of tobacco products is not allowed anywhere on our property. I am going to have to ask you to extinguish your cigarette (or to do away with the tobacco product in your mouth)."

If the person asks, "Where can I go to smoke?", say –

"Since we are trying hard to create a healthy environment for everyone, we don't provide a place for people to smoke. You may want to leave our campus for a little while to give you the opportunity to smoke."

You should not:

- Say whether you agree or disagree with the policy.
- Blame Administration or management for the decision, but merely state the organization has become a healthier place to work and visit.



Look who...

Caught the Bug!

January Winner!



January winner, Sandy Kollar!

From the Center for Cancer Care, Director, Sandy Kollar, for guessing the Bug was located at the Education Training Center.



Can you...

Catch the Bug?

Can you ID this photo? Give us your best guess and win your own director's chair!

Winners are chosen by random drawing the second week of each month.



Send your guess to: CatchTheBug@KnoxCommHosp.org for your chance to win!



Shining Star
of the month

January Winners:

Jody Mickley & Teresa Clements

Contact Bette Elder at x9069
to receive your KCH Sun Shade.

Each month the Reward and Recognition Team will draw 2 names from Star Cards. **Don't miss a defining moment with a patient, visitor or a fellow employee, or your chance to win!**



Marathon Inspiration

For KCH employees who are thinking of running a marathon or half marathon or doing another form of high endurance sport, here's inspiration for you....

Karen Stein, RN, Surgery Dept. ran a marathon in 1985 and after a well-deserved rest ran her second marathon in 2011. She always wanted to run a second marathon and joined her daughter, a college student, and completed the Honolulu Marathon along with 23,000 other participants. Why run the 26.2 miles? Karen says it is a great sense of accomplishment, a great exercise adventure and just knowing you can do it is a huge reward. Congratulations, Karen!



If anyone else would like to share a similar story, please email Prema Samhat or call 9085. The Dialogue reserves the right to edit any/all items we receive for content, space and relevance.



The Department of Specialty Care, Otolaryngology Christopher Hetrick, DO

Phyllis Hart, RN, Clinical Coordinator revealed "What's New" in the Department of Specialty Care, Otolaryngology, the office of Christopher Hetrick, DO. They now have the following hours: Mon. - Thurs. 8 am - 5 pm, Fri. 8 am - 3 pm, patient appointments on Monday, Wednesday and Thursday.

New Services

In May of 2011, the Allergy Clinic was an addition to ENT services. Allergy testing and treatment are now available. In addition, an audiologist is now in the office and available to evaluate hearing and balance disorders. They also provide advanced visualization of the vocal chords using a digital chip tip scope, to evaluate voice and swallowing disorders. Dr. Hetrick performs balloon sinuplasty surgery (in the OR) on adults and children who have chronic sinus problems.

New Team Members!

Linda Contino, RN, Allergy Specialist, Michelle Lerch, Audiologist and Sarah Kruki Hayes, LPN, have joined the team within the last year.



The Birthing Center

All classes are FREE but registration is required. Please call 740.393.9731 to register.

Childbirth Education Class 2012

February 11, Sat.: Childbirth Education Class
Time: 8 am - 4 pm
Location: Childbirth Training Center

Breathing & Relaxation Class 2012

February 13, Mon.: Breathing & Relaxation Class
Time: 6 pm - 8:30 pm
Location: Childbirth Training Center

Lactation Class 2012

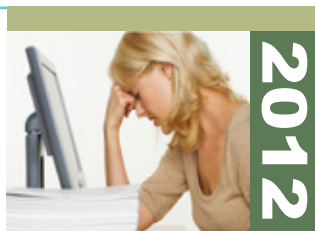
February 23, Thurs.: Breast Feeding Class
Time: 6:30 pm - 8:30 pm
Location: Childbirth Training Center



Grandparent and Sibling Tours

Private Tours: Grandparent and Sibling Tours
Time: Private Tour | Varies
Location: Childbirth Training Center

Excel Class Update!



Please note the following Excel class schedules. We are moving them to the Training Trailer for hands-on coaching.

Excel Basics

Friday, February 17, 2012
Friday, March 16, 2012

All classes will be held in the Training Trailer across the parking lot from the main building. Class times are 12:15 pm – 1 pm and will be taught by Barb Woodruff, Financial Analyst.

To register contact Trisha Harding at Ext. 9921 or Trisha.Harding@KnoxCommHosp.org

The Education Corner



2012 Upcoming Classes

Pre-registration required for all classes.

Please call Kathy Gray at ext 9791.

Feb. 10, Fri. **NRP**
Cost: \$125.00 non-employees | \$35.00 to KCH employees

Feb. 27, Mon. **Heartsaver AED 8 am**
Cost: \$35.00 non-employees | FREE to KCH employees

Feb. 27, Mon. **Heartsaver First Aid 1 pm**
Cost: \$30.00 non-employees | FREE to KCH employees

Feb. 28, Tues. **BLS (Basic Life Support) - Renewal 8 am, 11 am, 2 pm & 5 pm**
Cost: \$35.00 non-employees | FREE to KCH employees

Feb. 29, Wed. **BLS (Basic Life Support) - New/Initial 8 am & 1 pm**
Cost: \$50.00 non-employees | FREE to KCH employees

Mar. 2&3, Fri.&Sat. **PALS**
Cost: \$45.00 to KCH employees
Renewal Cost: \$150.00 non-employees
Initial Cost: \$175.00 non-employees

April 21, Sat. **ACLS RENEWAL**
Cost: \$150.00 non-employees | \$45.00 to KCH employees

April 28&29 Sat.&Sun. **ACLS**
Cost: \$150.00 non-employees | \$45.00 to KCH employees

Please call Trisha Harding at ext 9921 to register.

January 19, 23, 27, 31 and February 3, 2012 **Basic Dysrhythmias**
Presented by: Pam Tuttle, BSN, RN
Times: Days 1 – 4: 8 am – 4:30 pm | Day 5: 8 am – 1 pm
Location: Education Resource Center
Cost: \$150.00 non-employees
FREE to KCH employees
Must attend all five days days

Contact Hours: **31.8**

February 9, 2012 **Medical Terminology**
Presented by: Pam Tuttle, BSN, RN
Time: 8 am – 4:30 pm
Location: Education Resource Center
Cost: \$25.00 non-employees | FREE to KCH employees

Lannings Reminder!

Reminder for anyone who has not picked up their Lannings. 1033 Newark Road Mt. Vernon, Ohio 43050. If you have lost your slip, please take your name badge.

Deadline to pick up your gift is January 31st.

Hours are: Mon. – Fri. 8 am -7 pm; Sat. 8 am - 5pm;
Sun. 10 am - 5 pm.

Please see Jessica in Human Resources with questions.