

## Physician Practices Updates

In an effort to try and increase communication, we wanted to outline some of the changes in Physician Practices and ensure correct contact information.

- Christine Ingram, Executive Director, is overseeing Physician Practices. If you have any concerns, requests or questions please contact her at extension 5566. If you cannot reach Christine, Brittany Lepley, her assistant, can be reached at extension 5539 or 504-0727.
- Cathy Thomas, Clinic Manager, Physician Practices. If you have any concerns or questions regarding the clinical or clerical staff, patient concerns etc, contact her at extension 9754. If you cannot reach Cathy, please contact either Christine or Brittany.
- Dolly Kershner is the Central Billing Office Coordinator, her extension is 5537. Contact Dolly for any insurance or Physician Practices billing questions.

Thank you for your support as Physician Practices continues to expand. We look forward to serving the needs of the community as a part of the Knox Community Hospital team.

Save the Date: 4/25/2010

### Earth Day Festival

Gambier, Ohio | 11:00 am - 2:00 pm

## Fitness Challenge

Start looking for five members to make up your team for this year's fitness challenge. Team forms are available and due back to Brandon Rhoads by 1-20-10. Allow time for evaluations to be scheduled.

Evaluations can be scheduled by calling Tammy or Carole at ext. 9690, evaluations will be held in MOCC in the mornings and in the evenings down in the Center of Rehab and Wellness (CRW).

Date	6:30 am to 8:00 am (MOCC)	3:30pm to 5:30pm (CRW)
Feb 1st	x	x
Feb 3rd	x	x
Feb 4th	x	
Feb 5th	x	
Feb 8th	x	x
Feb 10th	x	x
Feb 11th	x	
Feb 12th	x	

Starting on February 1st both the Heart Fit and the Wellness Center will only be \$15 a month for employees who are participating in the Fitness Challenge. The \$15 charge will be good from Feb. 1st to May 7th. Call 9695 to start the Heart Fit program, and 9875 to start at the Wellness Center.



The Biggest Loser individually will receive a Nintendo Wii!

If you are over 45 years old please contact your physician before starting the Fitness Challenge. If you need assistance please contact Brandon Rhoads at 9686.

**Before**



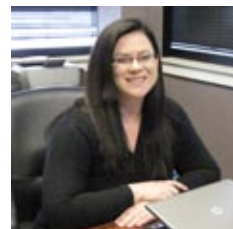
**After**



Results not typical for all; participants results may vary.

## Welcome Christine!

Christine Ingram is officially named Executive Director of Physician Practices. Congratulations and welcome to the KCH family!



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(Titles book-marked in pdf file.)

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# Dialogue

## The Education Corner



This could potentially be asked during a Joint Commission survey.

Weekly Joint Commission Question:

**What safety mechanism do you have on your infusion pumps to prevent fluids from flowing rapidly into a patient?**

### Upcoming Classes

Pre-registration required for all classes.

Please call Kathy Gray at ext 9791.

March 26 & 27, Fri & Sat. **PALS (Pediatric Life Support)**

Time: 9:00 am - 4:00 pm  
Location: Education Resource Center  
Cost: \$150.00 non-employees | \$45.00 to KCH employees

April 10 & 11, Fri. & Sat. **ACLS (Advanced Cardiac Life Support)**

Time: Day 1: 8:00 am - 4:30 pm | Day 2: 8:00 am - 1:00 pm  
Location: 3rd Floor Meeting Room  
Cost: \$150.00 non-employees | \$35.00 to KCH employees

May 1 & 2, Sat. & Sun. **ACLS (Advanced Cardiac Life Support)**

Time: Day 1: 8:00 am - 4:30 pm | Day 2: 8:00 am - 1:00 pm  
Location: 3rd Floor Meeting Room  
Cost: \$150.00 non-employees | \$35.00 to KCH employees

Please call Trisha Harding at ext 9921 to register.

January 26, Tues. **Medical Terminology**

Presented by: Pam Tuttle, BSN, RN  
Time: 8:00 am - 4:30 pm  
Location: Education Resource Center  
Cost: \$25.00 non-employees | FREE to KCH employees

Answer: "Guardrails" is the programming software designed to help prevent infusion delivery errors by: Customizing device configurable settings to meet the needs of the selected patient population. Comparing user programming with the hospital defined best practice guidelines. Providing an advisory prompt if an out of limit entry is made at the time the device is programmed to infuse medications defined in the drug library. Please refer to the KCH policy "IV Pump, Use of the Alaris System With Guardrails".

## HIPAA Happenings: Refresher

Patient confidentiality and the security of patient information must be protected. There are strong penalties for a breach of information. It is inappropriate to give out protected information, it is also inappropriate to hide behind the lack of understanding of the HIPAA rules and not give out any information. A few guidelines for releasing information when asked about a patient in the hospital:

1. Do not freely offer a patient's name that is currently in the hospital. The inquiring party should provide the patient's first and last name.
2. After a patient name is provided, it can be confirmed that the patient is here if the facility directory has the patient's name listed. Remember, patients' names listed in CPSI with "+" indicate that the patient does not wish to release his/her information.
3. You may give out the room number.
4. You can share the patient's condition only using standard terminology (good, fair, poor, or critical)

Any questions/concerns? Please see your director or a member of the HIPAA team - Deb Weaver – chairperson, Kathy Swihart, Lisa Beekman, Kwi Holland, Kathy Coon, Sue Leventry and Amy Webster.

## Fat Tuesday Fundraiser Proceeds Benefit The Foundation for KCH's "Gift for the Heart Campaign"



Please bring your family and friends to a fun packed evening with great food, entertainment and party favors. Get tickets now, this event SELLS OUT FAST.

• **Tuesday, February 16, 2010  
6:00 PM to 9:00 PM**

Parkside Restaurant & Tavern,  
108 Mt. Vernon Avenue



• **Cajun Creole Cuisine Buffet**

Prizes, Raffle, Live Auction, 50/50 drawing

• **\$25.00 per person admission includes:**

Fine Cajun Creole Cuisine Buffet  
Free Party Favors



If you have any items to donate for the Auction or Raffle please contact Lacie Blankenhorn at extension #9602.

## Seasonal flu and H1N1 vaccine still available

Even though large numbers of people nationwide have received flu vaccinations, there is still room for improvement among every age and risk group. Influenza is unpredictable and we do not know the likelihood of a future wave of 2009 H1N1 influenza, but we do know that vaccination is the single best way to reduce the health impact of influenza. Please call MOCC/EH if you would like to be vaccinated while supplies last.